

## Are you a **patient, provider, or caregiver** with personal experience with **Palliative Care**?



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Tulane psychologist Dr. Michael Hoerger, in collaboration with the Research Action for Health Network (REACHnet) is developing educational resources for patients and families who are considering Palliative Care.

**Your input is valuable!** For this reason, we are reaching out to patients, providers, and caregivers to serve on an Advisory Board.

Members of the Board will contribute their experience, expertise, and perspective to provide guidance in the development of educational resources designed to **reduce the emotional burden of the decision-making process while improving healthcare outcomes** of patients and families who are considering Palliative Care.

### Advisory group meetings:

- ▶ **Begin May 2017**
- ▶ **Have four meetings over the course of one year**
- ▶ **Compensation of \$100 per meeting**

**If you, your patient, or loved one has experience related to considering or delivering Palliative Care, we need your help.** Please contact Upama Zaman at [info@hioh.org](mailto:info@hioh.org) for more information.

### WHAT IS PALLIATIVE CARE?

**Palliative Care is A multidisciplinary approach** aimed at anticipating, preventing, and treating suffering at any point in the disease process, **to improve quality of life for patients.**

- ▶ Palliative Care is highly underutilized
- ▶ There are many misconceptions about palliative care
- ▶ 80% of patients do not know what palliative care is (Institute of Medicine 2014)